



POLICIES & AGREEMENT

2024/25 Season

COMMITMENT

When you register for the C3 Hip Hop Dance Co. ("C3"|"The Company") Season, your child is committing to the season running Sept. - June with weekly practices and various performances in the spring. Registration guarantees your child a spot on one of the following teams:

- Novice level teams: Mini, Pee Wee, Junior
- Intermediate/Advanced level teams: Junior, Young-Teen, Teen, Senior

Placement on a C3 Team is based on the following criteria: skill level, potential, commitment level, enthusiasm, and attitude. We place athletes in teams that we feel will work best together in practice and performances.

GYM ETIQUETTE

Please enter and exit through Max Level Fitness and Athletics ("the Gym") main entrance. To avoid tracking in snow/salt/mud into the training areas, please change your shoes at the main entrance before walking towards the back studio space. Do not use or play with gym equipment. No food, gum, or drinks, except for water bottles, in the gym training areas. Water is available for purchase at the front desk and we encourage everyone to bring their own water bottle. Athletes should not leave behind any trash and should take all personal belongings home after practice. C3 and the Gym are not responsible for lost or stolen personal belongings.

DROP OFF AND PICK UP

Please drop your child off to practice 5 minutes before practice time and have them wait inside the gym main entrance area for practice to start. Please do not leave your children in the practice area prior to practice start time, even if the coach is present, as they will not have adult supervision prior to practice start time. Children should be picked up promptly at the end of class, as coaches/gym cannot be responsible for kids after practice time if not picked up timely. Keep in mind that C3 coaches may have obligations immediately following practice time.

PARENTS OBSERVING PRACTICE

Parents are welcome to watch full practices. Please be cognizant of gym-members exercising around you for your safety & their accessibility of gym equipment. Video recording of any routine or practice is only permitted during the last 10 minutes of practice when kids are aware of their audience, and should be used primarily for your child's educational purposes. Video recording of coaching personnel's training and instruction is prohibited. *Please be aware that not all parents have approved the posting of their kids' photos/videos online, therefore we ask that you receive advance permission from Coach Julie before posting.*

ATTENDANCE & PARTICIPATION

Attendance is essential for your child's growth and commitment to the program, and we expect all dancers to attend every practice and arrive on time. We understand that emergencies, important family obligations (e.g., weddings), family emergencies, and travel may arise. Dancers are allowed **3 excused absences per season**, provided **notice is given at least 1 week in advance** by email to c3hiphopdance@gmail.com. For last-minute emergencies, please text Julie directly at 305-788-4263. Sickness is an exception to the attendance policy - see Sickness/COVID policy below.

Kids are expected to be fully engaged and participate throughout the entire practice. Non-participation is allowed for health reasons or injuries, but must be communicated to the coach. Phones are **not allowed during practice** except for medical or emergency reasons, and will be collected at the start of practice as needed.

Low or inconsistent attendance, as well as unwillingness to participate (e.g., sitting out frequently, choosing not to dance without valid reason, showing disinterest in participation), reflects a lack of commitment. This negatively impacts team morale and progress and **may result in reduced performance and competition opportunities and changes in routine positioning for your child.** The C3 coaching staff reserves the right to remove a child from the team if they exceed 3 unexcused or un-communicated absences or exhibit consistent non-committal behavior.

SICKNESS/COVID POLICY:

The health and safety of our athletes is very important to us. Please keep your child home if they have any symptoms of respiratory or gastrointestinal infections, such as cough, sneezing, fever, sore throat, or vomiting. This will not count as an "absence." If your child shows up to practice and is symptomatic, they will be asked to sit to the side and observe for the duration of practice. There will be zero tolerance for bullying around mask wearing.

COVID and other respiratory viruses: The updated CDC protocol suggests that you may return to normal activity when, for at least 24 hours, your symptoms are improving overall and you have not had a fever without the use of fever-reducing medication. From this point, the CDC recommends that you wear a mask and keep distance from others for a 5-day period.

We will follow this a 5-day mask and distancing protocol for other major illnesses such as flu & RSV. We also ask that if your child is able to dance but experiencing minor symptoms, for the consideration of others please wear a mask and keep distance.

COMPETITION TEAMS

Just like with performances, competitions may require extra practices leading up to the event. It also requires local travel (Albany...) to the event and an extra cost to cover a registration fee. Competitions take place on weekends, and we will know in advance the date(s) of the competition(s) we decide to register for. We will communicate dates to parents well in advance. Competition rules prohibit individuals from competing against themselves (on different teams in the same category). Given the small pool of local competitions, conflicts are highly likely.

Athletes on competition teams will not be allowed to participate on other competitive dance teams outside of C3.

SEASON PRICE & PAYMENTS

- Mini & Pee Wee teams - Performance:
 - \$910 (Regist. Deposit \$100 + 9 monthly pmts of \$90)
- Junior - Performance:
 - \$1,000 (Regist. Deposit \$100 + 9 monthly pmts of \$100)
- Junior / Young Teen - Competition + Performance:
 - \$1,090 (Regist. Deposit \$100 + 9 monthly pmts of \$110)
- Teen/Senior - Competition + Performance:
 - \$1,180 (Regist. Deposit \$100 + 9 monthly pmts of \$120)
- Fees Include: Tuition, Gym fees, Performance Uniform, Choreography & music production & Team t-shirt
- Fees Do Not Include: Possible travel to performances / competitions, competition registration, etc.

Sibling Discount: 25% off monthly fees of each additional sibling

The Non-Refundable Deposit is due upon registration. Monthly team fees begin at the start of the season.

Monthly team fees are the same amount regardless of length of month, holidays, etc. Team Fees will be charged to your credit/debit card monthly, automatically, after an initial set up to a recurring invoice. Please reach out to us if you would prefer to pay by cash or check payable to *C3 Hip Hop Dance Co.* We will give a 5-day grace period before charging a late fee of \$25.

REFUNDS

Refunds are not given for any payments, including but not limited to registration fees, monthly team fees, team placement and clinic fees. If a practice is canceled due to dangerous weather or unavoidable C3 coaching personnel reasons, we will do our best to schedule a designated make-up practice. The cancellation and the make-up day will be communicated timely to parents by email.

Exceptions: If a child is unable to practice for an extended period of 2 weeks or longer due to an injury, severe illness, or family emergency, C3 will allow athlete to "freeze" their team fees for the duration of missed time.

ATTIRE

We encourage self-expression through clothing style however we do require that clothing be appropriate for dancing and movement. Appropriate attire includes leggings, joggers, t-shirts, tank tops, sweatshirts, etc. No loose jewelry (i.e. hoop earrings, necklaces).

Required: Sneakers with good support/rubber soles - no open toed shoes.

CHOREOGRAPHY, PERFORMANCES, AND ADDED PRACTICES

All Choreography remains the intellectual property of C3.

Throughout the season, in addition to the year-end friends and family performance, opportunities may arise to perform at local/regional/community events. Teams will perform based on readiness and team availability. There may be additional practices scheduled during the season for choreography sessions or other trainings necessary for performance readiness. We will aim to provide a minimum of 1 week notice before scheduling additional obligations.

QUESTIONS FOR THE COACH

If you need to discuss a matter with your child's coach, please email c3hiphopdance@gmail.com to schedule a time to speak.

INJURIES & OTHER SAFETY

If you get injured at practice, notify your coach immediately. We will notify your emergency contact. Athletes under the age of 15 are not allowed to leave the premises without adult supervision

BEHAVIORAL CONDUCT

Athletes, coaches, and parents are expected to be kind and respectful towards one another. Behaving disrespectfully towards anyone in the program and bullying in any form will not be tolerated and may result in removal from the Company.

Disruptive behavior by any athlete or parent/adult such as verbal or physical fighting, profanity, Derogatory messages on social media/any digital medium, disrespectful attitude or body language, or excessive talking will not be allowed in practice or any C3 event. Parents will be notified by the coach about their child's behavior. If disruptive behaviors continue, the child may be asked to leave the Company.

SUBSTANCE USE

Our hip hop dance program prohibits the use of drugs and any form of inebriation during practices, events, performances, and competitions to ensure a safe, healthy, and professional environment.

Prohibited Behaviors:

- **Drugs:** Use, possession, distribution, or being under the influence of illegal drugs or controlled substances.
- **Alcohol:** Consumption or being under the influence of alcohol during program activities.
- **Other Substances:** Misuse of prescription or over-the-counter medication or any substances that impair performance.

Consequences: Any participant found to be in violation of this policy will be removed from the team.

Communication: Participants are encouraged to speak with their coach if they have any concerns or need assistance regarding substance use.

NO PHONE USE

To ensure focus and a distraction-free environment, phones are not allowed to be used during practice, from start to finish. Phones will be collected at the beginning of each practice and returned at the end. They may only be used in case of emergencies.

ACCEPTANCE

Both athlete and parent have read and understand all that is expected as a team member of C3 Hip Hop Dance Co. We understand that these policies are created to ensure the absolute best training and most positive and rewarding experience for everyone in the program. Both athlete and parent understand that failure to meet the conditions set forth in this contract could result in the athlete's dismissal from The Company.

☐ I (parent / guardian) agree to the Team Policies & Agreement. I will ensure my children understand the Team Policies & Agreement.

➤ Athlete Name(s): _____

➤ Emergency Contact Name / Phone / Relationship:

➤ Parent / Guardian Preferred Email: _____

➤ Parent / Guardian Preferred Mobile Phone #: _____

Parent/Guardian's Signature: _____ Date: _____

Parent/Guardian's Printed Name: _____